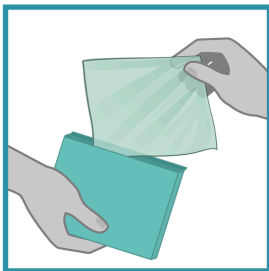


How to Use a Dental Dam

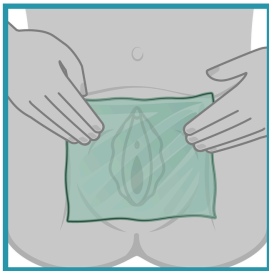
1 BEFORE SEX

Carefully open dental dam and remove from package.



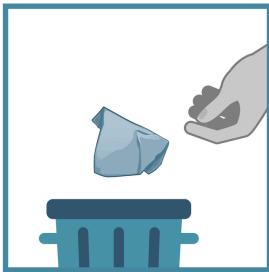
2 BEFORE SEX

Place dental dam flat to cover vaginal opening or anus.



3 AFTER SEX

Throw away used dental dam in trash.



Dental Dam Dos & Don'ts!

DOs

- DO use a new latex or polyurethane dental dam every time you have oral sex.
- DO read the package and check the expiration date.
- DO make sure there are no tears or defects.
- DO put on before starting oral sex and keep it on until finished.
- DO use water-based or silicone-based lubricant to prevent breakage.
- DO store dental dams in a cool, dry place.

DON'Ts

- DON'T reuse a dental dam.
- DON'T stretch a dental dam, as this can cause it to tear.
- DON'T use nonoxynol-9 (a spermicide), which can cause irritation.
- DON'T use oil-based products like baby oil, lotion, petroleum jelly, or cooking oil because they will cause the dental dam to break.
- DON'T flush dental dams down the toilet.