

2024 ANNUAL REPORT





JEARS CELEBRANIC

REEDOM OF CHOIS

CHORCES.

600



Your health. Your rights. **Your CHOICES.**

VISION:

CHOICES envisions a world where sexual and reproductive healthcare is recognized as an essential human right.

MISSION:

CHOICES provides patientcentered medical care and champions sexual and reproductive rights.

VALUES:

Diversity is imperative. Dare to innovate. Lead by example. Respect individual choices. Leverage collective genius. Think big, be kind, do good.

MODEL **OF CARE:**

CHOICES works to operationalize reproductive justice in a healthcare setting by offering care through the course of anyone's reproductive lifespan. Our model ensures that anyone who walks through our doors is able to receive care that they need.

Perinatal Care

Family Planning and Birth Control

CHOACES

Sexual Health

> HIV Prevention

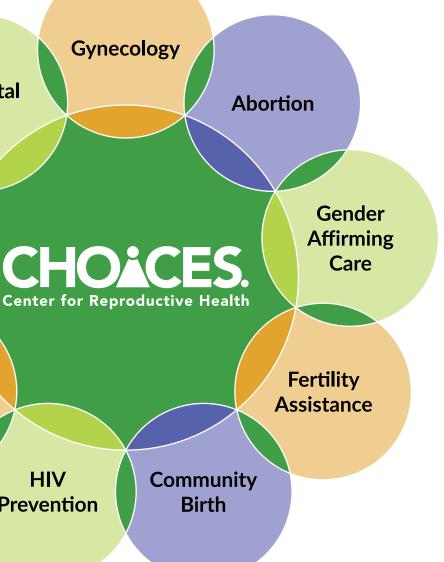




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MESSAGE FROM OUR BOARD CHAIR AND PRESIDENT AND CEO

Dear CHOICES supporters, patients, friends, and community,

This year, despite unprecedented political turmoil and rising levels of hostility, **CHOICES** chose a powerful act of resistance. We chose joy.

This October, CHOICES celebrated our 50th birthday with a 1970s disco-glam gala. We took to the dance floor and boogied down in honor of all the people who made this milestone possible.

Whether you were there with us in person or in spirit, thank you for believing in CHOICES. We raised a toast to our founding mothers, along with the patients, providers, partners, and protesters who got us this far. By choosing to take a moment for joy, we celebrated our past, reenergized our community, and galvanized support for the next 50 years.

While we partied hard this year, we worked even harder. Serving patients from 23 different states at over 8,700 appointments, we provided midwifery, abortion, gender-affirming, and wellness care for those who needed it the most. Thanks to a new partnership with Mississippi-based nonprofit Converge, Inc., CHOICES received Title X funding for the

first time and provided low-cost family planning services to over 1,500 patients in Memphis.

As we continue to provide patient-centered, compassionate care at both our Memphis and Carbondale locations, attacks on reproductive rights continue to escalate. Restrictive legislation at both the state and federal levels threatens our ability to provide care.

Despite political uncertainty and increasing legal hostility, CHOICES will continue fighting for a world in which sexual and reproductive healthcare is a human right. We are fortified by our community, and, together, we will face what is ahead with compassion and innovation.

Thank you for believing in us and for standing with us in the fight ahead.

With gratitude and solidarity,

TORREY C. HARRIS, BOARD CHAIRPERSON

JENNIFER M. PEPPER. PRESIDENT AND CEO



2024 BOARD OF DIRECTORS

Torrey Harris, Board Chair Marilyn Koester, Ph.D., Board Vice Chair **Frank Goodman**, MBA, Treasurer Jennifer Campbell, LCSW, Secretary Raumesh Akbari, Esq. Elza McKenna. MA



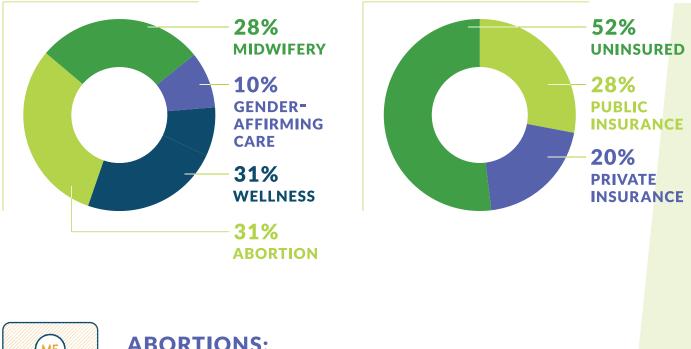
Gwendolyn Clemons, MBA Rhonda Okoth, MPH, RN, CCRP Van Ikner **Jasmine Piper Thornton**, MS Susan Quinn, MA Julie Zebrak, Esq. Lillian Lammers, D.Min.

SERVICES AND PATIENT DEMOGRAPHICS



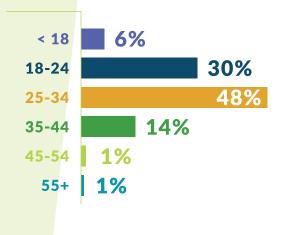
109 TOTAL BIRTHS

APPOINTMENTS BY SERVICE TYPE:

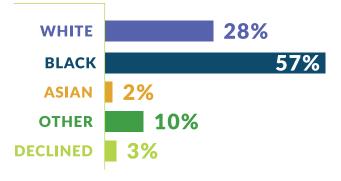




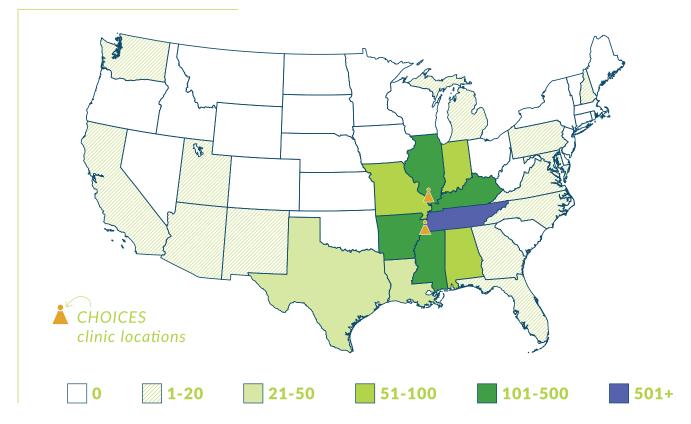
PATIENTS BY AGE:



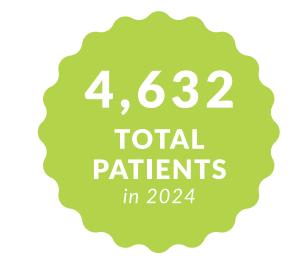
PATIENTS BY RACE:



PATIENTS BY STATE:



CHOICES.

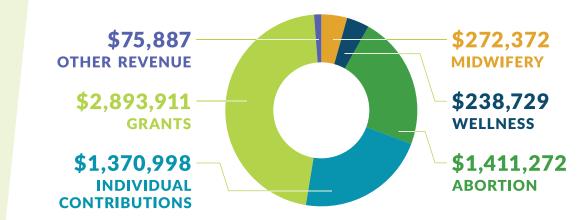


APPOINTMENTS BY INSURANCE STATUS:

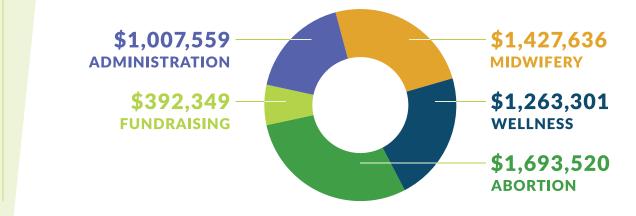
88%

FINANCIALS

TOTAL REVENUE: \$6,263,169



TOTAL EXPENSES: \$5,784,365



PATIENT ASSISTANCE:

\$1,057,175 **TOTAL DISTRIBUTED** IN 2024

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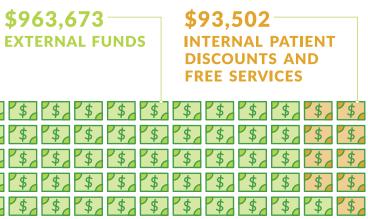
PARTNER FUNDS:

Because of you, our community of donors, and the hard work of these external funds, every person who walks through our doors can receive care regardless of their ability to pay.

- Abortion Care Tennessee
- Access Reproductive Care Southeast
- AFund Inc.
- Arkansas Abortion Support Network
- Campaign for Southern Equality
- Chicago Abortion Funds
- Fund Texas Choice
- Hoosier Abortion Fund
- Kentucky Health Justice Network

The most welcoming and nurturing visit I've ever experienced at a doctor's office. It's non-judgmental, safe, and stress free. They helped reduce my anxiety about the situation and helped me feel as comfortable as possible. If you are going through hard times with a pregnancy, I 100% recommend CHOICES in Carbondale, IL. You will be very well taken care of." - PATIENT. JUNE 2024





- Louisiana Abortion Fund
- Mariposa Fund
- Midwest Access Coalition
- Missouri Abortion Fund
- Mountain Access Brigade
- National Abortion Hotline
- The Abortion Fund
- Women Reproductive Rights Assistance Project

202

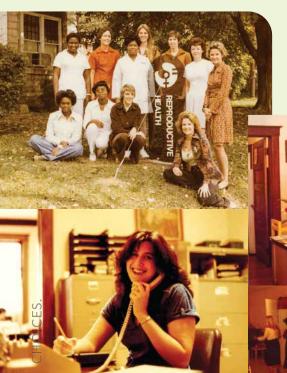
50 YEARS OF CHOICES

Since 1974, CHOICES has grown and developed deep roots in the Mid-South and expanded our reach to Southern Illinois. Take a look back at the last five decades with us as we envision a future where bodily autonomy is a basic human right.





1975 -1976



10

1977

THE BIRTH OF MEMPHIS CENTER FOR REPRODUCTIVE HEALTH

In August 1974, Memphis Center for Reproductive Health (MCRH) opened its doors. Founded by Priscilla Chism, the clinic was located at 202 Union Ave, Suite 401, and offered comprehensive reproductive health services, including safe abortion care.

BREAKING BARRIERS IN WOMEN'S HEALTH

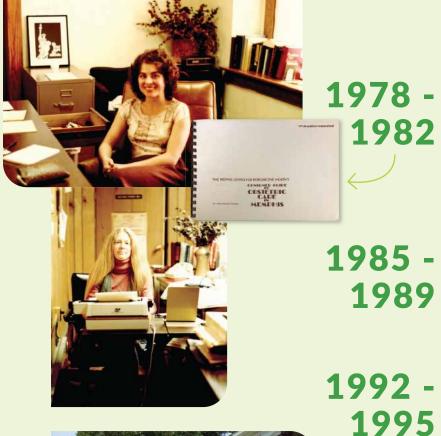
In July 1975, MCRH helped establish the first program in the US to provide counseling, gynecology, and forensics services around the clock to victims of sexual assault.

In April 1976, MCRH hosted a three-day women's health event at Rhodes College and the University of Memphis. By January 1977, MCRH launched a "self-help group" for women.

A NEW HOME FOR MCRH

In May 1977, MCRH took a significant step forward by purchasing a new building at 1462 Poplar Ave. On September 12, 1977, MCRH officially became recognized as a 501(c)(3) nonprofit organization.







phis Center

Memph

2000 -2007

2008 -

2013

Building Community in Memphis

In April 1978, Carrie Roberto became the Acting Director of MCRH, transitioning from her previous roles as Administrative Assistant and Assistant Director. In 1980 and 1982, MCRH published a comprehensive guide to birthing options in Memphis.

Leadership Transitions

In 1985, Julie Sandine took the lead as Executive Director of MCRH. Following her, Eunice Wilson stepped in as Interim Director in 1988, later being appointed the Executive Director in 1989.

Increasing Visibility

In February 1992, an article in the Commercial Appeal highlighted all the non-profit clinics in Memphis, detailing the number of abortions performed and breaking down statistics by race. This coverage underscored the critical role of reproductive health services in the community, and especially MCRH.

New Century, New Services

In the early 2000s, under the leadership of Executive Director Mary Frank, CHOICES continued its commitment to serving the community.

Becoming CHOICES

In 2008, Rebecca Terrell became Executive Director of MCRH, leading the clinic's relocation to 1726 Poplar Avenue and expanding services to include family planning, HIV testing, LGBTQ-inclusive fertility counseling, and gender-affirming hormone therapy, with key support from Certified Nurse Nikole Gettings.

In 2011, MCRH rebranded as CHOICES: Memphis Center for Reproductive Health.

In 2013, CHOICES hosted the first annual, Condomonium, showcasing unique condom-based fashion by local artists to raise awareness and support for our mission.



2015-2017





2022



THE CAMPAIGN FOR A NEW CLINIC

In 2015, CHOICES engaged a consultant to assess the demand for out-of-hospital birth options and midwifery care. By October 2016, Terrell launched plans for a new building and a capital campaign that raised \$6.4 million, thanks to community support.

In 2017, Dr. Nikia Grayson became Memphis' first Black certified nurse midwife (CNM), transforming maternal health and launching midwifery services at CHOICES to provide affordable out-of-hospital birth options.

A NEW HOME AND BIRTH CENTER

On September 8, 2020, CHOICES opened its current facility at 1203 Poplar Avenue, featuring the city's first birthing center with midwives as primary caregivers. CHOICES became the first nonprofit in the U.S. to offer both birth and abortion care under one roof, with eight exam rooms and three birth suites.

In November 2020, Jennifer Pepper became **Executive Director after Rebecca Terrell's** retirement. Jennifer joined CHOICES in 2006, writing the first grant and serving in various roles while passionately advancing the mission.

ADVANCING BIRTH JUSTICE

In January 2022, CHOICES launched the nation's first Black Midwifery Fellowship, training two Black midwives annually.

In November 2022, CHOICES celebrated its 300th birth at the birthing center. During this time, Jennifer Pepper was named CEO, and Dr. Nikia Grayson became Chief Clinical Officer.



2022 cont.



2024 & **BEYOND**



THE DOBBS DECISION

On June 24, 2022, the Dobbs decision overturned Roe v. Wade, resulting in profound heartbreak and uncertainty within the CHOICES community and marking a significant setback for reproductive rights.

Despite Tennessee's total abortion ban, CHOICES proudly kept the Memphis clinic open, providing vital services like birth control, gender-affirming hormone therapy, and prenatal care.

CHOICES EXPANDS TO CARBONDALE

In a bold response to the Dobbs decision, CHOICES opened its new clinic in Carbondale, Illinois. As the first abortion provider in Carbondale, this facility is a vital resource for people across the South and Midwest seeking abortions and gender-affirming care. Located just a three-hour drive from Memphis and Nashville and accessible via the Amtrak line, the clinic stands as a lifeline for those who need support. This clinic served over 500 people from 15 states in just a few months.

WE AREN'T GOING ANYWHERE. ONWARD.

As we celebrate 50 years of caring for our community, we reflect on our role as a beacon of hope for informed health choices. Your support has been crucial in helping us adapt

Thank you for being an essential part of CHOICES. Together, we celebrate our history and pave the way for a healthier future in

CHOICES IN THE MEDIA

Memphis Flyer

Birthing a New Approach to **Pregnancy Care**

CHOICES offers a renewed look at midwifery.



left to right: Kemetra King, Dr. Alexis Dunn Amore, Dr. Nikia Grayson, Talita Oseguera, Dr. Nekea Smith, and Jasmine Bates-Marshall (Photo courtesy CHOICES)

fypo Sono Motoyama 4:00 a.m. Oct. 9, 2024

"I was told I would never be able to have my own children," said D., a nurse who is married to a military officer and lives in the Memphis area. Her voice is tense and urgent **Roll Call** Q

POLICY

Post-Roe, Illinois becomes haven for abortion access

In aftermath of Roe, one 21,000-person Illinois town now hosts three abortion clinics



By Sandhya Raman Posted August 21, 2024 at 7:00am

CARBONDALE, Ill. - Two years ago, this community had no abortion providers.

But now, the 21,000-person college town boasts three - all which opened following the overturn of Roe v. Wade amid a growing need to support ients traveling from states with stricter



SCAN TO READ:

Post-Roe, Illinois Becomes Haven for Abortion Access **Roll Call**





SCAN TO READ:

Birthing a New Approach to Pregnancy Care **Memphis Flyer**







AMNESTY INTERNATIONAL

Ehe New York Eimes



SCAN TO WATCH:

Everybody's Fight: An In Bloom Series : Choices YouTube



2024 MEDIA APPEARANCES:

ABC 24 · Amnesty International · Bisnow · Capital News Illinois · CNN · CQ Press Daily Helmsman · Daily Memphian · Daily Egyptian · Illinois Eagle · LGBTQ Nation Memphis Business Journal · Memphis Flyer · Mississippi Clarion Ledger NBC News · NPR · NYT · Rewire News Group · Roll Call · Tennessee Lookout USA Today · Washington Post · WPLN · WPSD

The Washington Post









2024 DONORS

Thank you so much to all of our incredible individual donors. CHOICES started 50 years ago by community members, and we continue to exist because of community members. Your support ensures that we continue to serve accessible and affordable care to everyone who walks through our glass doors.

Aprile Denny Abbev Geater Abby Ellis Abigail Gleason Abigail Olena Abortion Care Tennessee Adam Nelson Adam Schulman Aimee Christian Alexandra Lindgren-Gibson Ali Bush Allen Daniel Allison Ricketts Allison Riemer Allison Sparks Allyson Blair Coley Amanda Banker Amanda Green Amanda King Amanda Rushing Amber Hamilton Amelia and Patrick Crowley Americans for Contraception **Amy Allina** Amy Burchenal Amy Hertz Amy Rush Andie and John Sobrato Andrea and Ben Nemenof Andrea Brown Andrew and Michelle Mathewes Andrew Frank Andrew Smith Ann Bawa Ann Denton

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Elissa Troutman Elizabeth and Kent Campbell Elizabeth Bonner Elizabeth Dawn D Grisley Elizabeth H. Esty **Flizabeth** Jostes Elizabeth Langston Elizabeth Rudnick **Elizabeth Sowells Elizabeth Wilcox** Flle Gordon **Fllen Hornvak** Ellen Robinson Ellen Silver Ellen Tanner Elliot Goodenough **Fllvn Daniel** Elza and Mike McKenna **Emily Beamer** Emily Key **Emily Lemm Emilv Parkhurst** Emma Ehrlich Erica Ramos Erica Stoltz Erin Lewis Erin Nelson Erin Troland Erin Ydrovo Eunice Buck Eva Payne **Evelyn Perry** Felicia Kimbrough Fia Tharp **Fidelity Charitable Fidelity Investments Fish and Associates** Focus Mid-South Magazine Forged Finery Frances Ryan

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16

CHOICES

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Megan Brown Megan Carlson Meggan Kiel Meghan Hammond Melinda Browne Melissa Azzi Swamy and Alagiri Swamy Melissa James Melissa Myers Melissa Whitby and Chris Wieland Memphis Internal Medicine and Pediatrics Meredith and Greg Martin Meredith Anderson Meredith B. Trim Meryl Shahun Rosen Mia Michalak Mia Saine Michael Hansen Michelle Clein Midwest Access Coalition Midwest Access Project Mindy Steinman Molly and Jason Wexler Molly Bostic Molly Peacher-Ryan Molly Quinn Molly Segal Molly-Jane Rubinger Monica Gallagher Monica Lee Tischler Morgan Nuzzo Morgan Stewart Nancy Lapidus Nancy Prillaman Nancy Rocker Nancy Walker Natalie and James Jalenak Neil Lloyd Nell Brimmer Neshoba Unitarian Universalist Church New World Foundation Nichole Coolev Nicole Gottier Nikole Gettings Nina Connolly Nina Fisher Noise for Now Old Dominick Distellery Olivia Cohen Olivia Tritschler Pallas Pidgeon Zanone Pamela Gudino Pamela Mann Pan Awsumb Partners in Abortion Care

Pat Helper Patricia Duncan Patricia Klees Patricia Spence Patricia Young Patti Lewis Patton Abbe Penelope Fisher People Processes Perry Hooks Planned Parenthood of Tennessee and North Mississippi Premier Group Priva Bathija Rachel Brooks Rachel Edelman Rachel Figurasmith Rachel Jabailv Rachel Martin Rachel McMillan Rachel Scott Rae Kestrel Ramey Connelly Raumesh Akbari Raven King Rebecca Fowler Rebecca Kaufman Rebecca Pattiz Rebecca Terrell and Eric Gottlieb Rebekah Gienapp Regina and Melody Myers Fund **Renato Buchert** Rhonda Lee Rian Tyler Rick and Robin Ascolese Ricki Martin **Riley LoCurto** Robert Wyatt Robin Butler **Robin Salant** Roni Strassman Ruth Brucker Ruth D'Eredita Ruth Geller Ryann Gillespie Sabrina Lucas Sabrina Lucas Sally Kendrick Sally Rankin Sandra M Sandy and Chad Pensoneau-Conway Sara Adland Sara Champion Sara James Sara Jane and Frank Goodman Sarah and Jose Dehena Sarah Anderson Sarah Aron Rvan Sarah Poston Sarah Potter Sarah Rose Rose Cullen

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TRAPS CELEBRANING

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- Conant Family Foundation
- Converge: Partners in Access
- Educational Foundation of America
- Every Mother Counts
- Gateway Coalition
- Groundswell Fund
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- L. P. Brown Foundation
- National Network of Abortion Funds
- National Women's Law Center
- Oak Hill Fund
- Overbrook Foundation
- Planned Parenthood Federation of America
- Prentice Foundation
- Reproductive Health Initiative for Telehealth Equity & Solutions
- Schusterman Family Philanthropies
- Shepard Broad Foundation
- Skyline Foundation
- Sobrato Family Foundation
- Society of Family Planning
- Southeast AIDS Education and Training Center
- State of Illinois
- Vivo Foundation

WHAT'S IN STORE FOR 2025

THANK YOU TO THE WOMEN WHO STARTED IT ALL

From Memphis Center for Reproductive Health to CHOICES, from Downtown to Midtown Memphis and now Carbondale, from pink bricks to bright green windows, my have we grown. And my, have we fought tooth and nail for our right to be here.

Who would have thought that 50 years later we would be where we are today: in a state where abortion and gender-affirming care are under attack daily? Where our federal government is threatening the rights of everyone? Where our neighbors are scared for their lives?

I know you did not think we would ever go back. I know you dreaded the idea of Roe v. Wade being overturned. I know you worried about the future of the clinic, the safety of our patients, and the well-being of our staff.

But, you should be proud. Because of your bravery, your tenacity, and your care, here we remain. Still here, still working, still pushing for change. Your grace and willingness to step up when others refused to is a testament to the power of women.

CHOICES will be here for as long as we can. We continue to be here because of powerful women and people who are fighting to ensure our right to exist remains. And because of our community members who — just like you — believe in our vision: that a world where sexual and reproductive healthcare is recognized as an essential human right.

We will not back down. We will continue to breathe hope into our green walls; we will continue to speak when others are afraid; we will continue to listen to our neighbors and be a space of safety and bravery; we will continue to make sure **everyone** has access to choices. Because we know that's what you would want us to do.

Here's to another 50 years, another half-century of advocating for our basic human rights, and another five decades of being a clinic that people need to survive. Here's to you, forever and always.

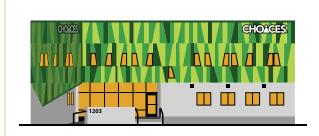
Onward,

Jennifer Pepper, MBA, President & CEO
Nikia Grayson, DNP, CNM, MPH, Chief
Clinical Officer
Alexis Dunn Amore, PhD, CNM, Midwifery
Director
Maria Hassol, Business Director
Chuck Kolesar, MPH, RN, Clinical Director



CONTACT US:

MEMPHIS, TN



- **\$ 901.274.3550**
- 1203 Poplar Avenue, Memphis, TN 38104

CARBONDALE, IL



- **618.300.6017**
- 600 N. Giant City Rd. Carbondale, IL 62902



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